



# NAMI

# Homefront

National Alliance on Mental Illness

## Join us for this FREE course!

NAMI Homefront is a free education program for loved ones of Military Service Members and Veterans formally or not yet diagnosed with a mental health condition(s). This course focuses on the unique needs of military and veteran communities, such as post-deployment and post-discharge transitions. Veterans and family members of service members or veterans affected by mental health conditions teach this course.

This class takes place over 6 weeks. Each week participants are provided with free materials and resources specific to that week's topic. All sessions will be held virtually through Zoom. Registration is required and closes March 6, 2023.

**Every Monday, March 20 – April 24  
6:30 PM – 9:00 PM (CST)**

For more information or to receive the registration link contact

**Tara Gwynn**

**Phone: 316-712-4933**

**Email: [Homefront.NAMI.Wichita@gmail.com](mailto:Homefront.NAMI.Wichita@gmail.com)**

This Homefront Education Program is sponsored by NAMI Wichita.

[www.namiwichita.org](http://www.namiwichita.org)

