

**Class Begins March 9, 2020**

**NAMI\* FAMILY-TO-FAMILY  
EDUCATION PROGRAM**

**FREE for family members, partners and significant others of individuals  
living with**

**Bipolar Disorder/Manic Depression  
Major Depression  
Borderline Personality Disorder  
Schizophrenia and Schizoaffective Disorder  
Panic Disorder & Obsessive Compulsive Disorder  
Co-occurring Brain Disorders & Addictive Disorders  
Post Traumatic Stress Disorder - PTSD**

A series of 8 weekly classes structured to help family members/caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders. **There is no cost to participate in the NAMI Family-to-Family Education Program.** Over 300,000 family members in the U.S., Canada, Mexico and Italy have completed this course. We think you will be pleased by how much assistance the program offers. **We invite you to call for more information and to register.**

**Classes start: Monday, March 9**

Class meets for eight Mondays. Last class: April 27

Grace Revolution Church, 812 S Oliver, Wichita, 67218  
Corner of S Oliver and E Lincoln Streets  
7:00 – 9:30 p.m.

Co-Teachers: Janet Brumbaugh c. 316-734-2082  
Victoria Jackson c. 316-200-5951  
And Becky Collins c. 316-461-1810