

FALL CLASS: 2019

NAMI* FAMILY-TO-FAMILY EDUCATION PROGRAM

For family members of close relatives with

**Bipolar Disorder/Manic Depression
Major Depression
Borderline Personality Disorder
Schizophrenia and Schizoaffective Disorder
Panic Disorder & Obsessive Compulsive Disorder
Co-occurring Brain Disorders & Addictive Disorders
Post Traumatic Stress Disorder - PTSD**

A series of 12 weekly classes structured to help family members understand and support their ill relative while maintaining their own well being. The course is taught by a team of trained volunteer family members who know what it's like to have a loved one with a serious mental illness in the family. **There is no cost to participate in the NAMI Family-to-Family Education Program.** During the past 25 years, over 300,000 family members in the U.S., Canada and Mexico have completed this Evidence-Based Practice course. We think you will be pleased by how much assistance the program offers. **We invite you to call for more information and to register.**

Classes start: Monday, August 26, 2019

Class meets every Monday. (No class on Sept 2, Labor Day) Last class: November 18

Lorraine Avenue Mennonite Church
655 S Lorraine Ave, Wichita, Kansas
7:00 – 9:30 p.m.

Co-Teachers: Belinda Hunt 316-641-8417
Joyce Sholander 316-721-3144
Treva Lichti 316-617-1909

For family members only
Registration required.
Classes limited to 20 persons.

This Family-to-Family Education Program is sponsored by NAMI Wichita, NAMI KS And the *National Alliance on Mental Illness (NAMI).
www.namiwichita.org