

BRAINSTORMING

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Brainstorming is an on-line publication of the National Alliance on Mental Illness (NAMI) - Wichita Affiliate. It is made up of articles encompassing the topic of mental illness. Information provided in this e-magazine is for informational purposes only, has not been researched or independently verified and is not intended as medical advice. Views published in Brainstorming are those of the individual authors and contributors and do not reflect and are not endorsed as local, state or national NAMI positions. To read the full articles, right click on the "Read more" link following the introduction to each article and open the hyperlink. To submit articles and other material to be considered for inclusion in this e-magazine, contact Lynn Kohr at lkohr@cox.net.

PRACTICING RECOVERY: Recovery-oriented Practices in Criminal Justice

Jail Diversion Programs Prevent Incarceration of Individuals with Mental Health Conditions... About two million people with mental health conditions go to jail each year, many for nonviolent crimes. In jail, they are often victimized and have limited access to treatment...Jail diversion programs - are effective at keeping people out of jail and getting them into services without putting public safety at increased risk.

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Senate Appropriators Hold Hearing on Expanding Mental Health Services

A Senate appropriations subcommittee convened a hearing on mental health treatments and services on Wednesday (2/15). The hearing featured testimony from National Council members, Dennis Freeman and David Johnson, and staff, Joe Parks, who presented recommendations for improving the nation's mental health care system. The hearing signaled Congressional members' interest in supporting mental health funding, particularly in rural and underserved areas.

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5 Anxiety Warning Signs a Child Might Experience

Parents would know if their child is anxious, right? You'd probably see obvious signs, right? Your child would express all their fear and worries. They would be afraid all the time.

You might think you would know the child anxiety symptoms, but sometimes it is not. Sometimes, parents miss it altogether.

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House Committee OKs Involuntary Hold Plan For Kansans In Mental Health Crisis

A bill that would allow treatment centers to detain Kansans in mental health crisis for up to three days moved forward Thursday (2/16) after months of work to develop a compromise.

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AOT Can Help Some with Mental Illness Survive and Thrive

(Feb. 8, 2017) The deinstitutionalization movement of the 1950s restored the civil liberties of people with serious mental illness, but it was a dangerously shortsighted plan. Patients were taken out of long-term mental health asylums and released into the community without adequate outpatient services in place to ensure continuity of care... [Assisted outpatient treatment \(AOT\)](#)—court-supervised treatment within the community for patients with severe mental illness who meet specific criteria—is a life-saving, evidence-based practice.

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