

# *Community Resource Guidebook*

**Updated Resource Contact  
Information for Families**

**Eleventh Edition**



**National Alliance on Mental Illness**

**A Project of NAMI Wichita, Kansas**

# National Alliance on Mental Illness (NAMI)

## Support, Education, Advocacy and Research for Brain Disorders

NAMI Wichita, Kansas is an organization of people with personal knowledge of the anguish and suffering of mental illness. We are linked with other support organizations and are affiliated with NAMI Kansas and NAMI, The Nation's Voice on Mental Illness, which has affiliates in every state.

### For more information on NAMI Wichita, Kansas

**Phone:** (316) 686-1373

**Email:** [info@namiwichita.org](mailto:info@namiwichita.org)

**Website:** [www.namiwichita.org](http://www.namiwichita.org)

**Address:** NAMI Wichita, Kansas  
P.O. Box 2435  
Wichita, KS 67201-2435

### Membership

- NAMI Wichita, Kansas is a non-profit 501(c)3 organization. Dues and donations are tax deductible.
- NAMI Wichita, Kansas is open to all persons who want to improve life for people living with long term and persistent mental illness. Membership is initiated upon payment of dues and completion of the membership-donation form. A form is provided at the back of this book.
- Join and help us secure a better quality of life for individuals living with mental illness.

*The inclusion of a resource in this directory does not necessarily imply endorsement by NAMI Wichita, Kansas or any other agency mentioned in this directory.*

This is the eleventh edition of the NAMI Wichita *Community Resource Guidebook* which is dated January 2017. It has been made possible through memorial donations made to NAMI Wichita in honor of friends and family members and a grant from the Lattner Family Foundation.

## **What can NAMI do for you?**

NAMI is dedicated to improvement in the care, treatment and quality of life of those living with chronic mental illness. Through self-help and education, NAMI is able to help families learn how to cope with the reality of mental illness. NAMI Wichita provides two uniquely different twice-monthly meetings. Unless otherwise noted, meetings are held on the first and third Tuesday nights of each month at the First Presbyterian Church, 525 N. Broadway. Parking and entrance are from the church parking lot off Market Street.

### **1<sup>st</sup> Tuesday night - 7:00 P.M. – Education/Affiliate Meeting.**

As a collective voice we are a strong force for positive change in the mental health system. At this meeting, we have the opportunity to learn through a variety of educational programs. We learn about local, state and national issues in areas including advocacy and research for brain disorders.

### **3<sup>rd</sup> Tuesday night - 6:00 P.M. – “Ask the Doctor”.**

The meeting on the third Tuesday night of the month is divided into two sessions. Two Residents in Psychiatry at KUMC are present from 6:00 p.m. to 7:00 p.m. for an “Ask the Doctor” session. The Doctors are available to offer professional insight on medications, diagnosis, treatments and other concerns.

### **3<sup>rd</sup> Tuesday night - 7:00 P.M. - Family Support Group.**

This group meets immediately following the “Ask the Dr.” session and provides a special opportunity for family members and other loved ones of persons living with mental illness to connect with those who share common experiences and concerns. This meeting is conducted in a support group setting and is facilitated by a trained family member.

**3<sup>rd</sup> Tuesday night - 7:00 P.M. - NAMI Connection Recovery Support Group.** This group meets immediately following the “Ask the Dr.” session and is for persons living with mental illness. Facilitators are specially trained and are peers living in recovery.

**4<sup>th</sup> Tuesday night – 6:30 P.M. – Share and Care Combined Support Group which meets at College Hill United Methodist Church, 2930 East 1<sup>st</sup> Street North in Wichita.** This support group allows persons living with mental illness, their family members and friends to share with and learn from each other. The meeting structure is informal and everyone is welcome.

**2<sup>nd</sup> and 4<sup>th</sup> Monday nights – 6:30 P.M. – *This Life Support Group.***

This group is for parents and caregivers of children and youth with mental health or behavioral issues. **It meets at West Heights United Methodist Church, 745 N Westlink Ave. in Wichita. Enter through the southeast door.**

**2nd Monday night – 7 P.M. – Grupo de Apoyo – NAMI.** Un grupo de apoyo de carácter confidencial y anónimo para los familiares y seres queridos de personas que viven con condiciones de salud mental. El grupo se reúne arriba en el Centro Parroquial Nuestra Señora de la Salud Perpetua, 2409 North Market, Wichita, KS 67219. Contacto Maria Lopez, [rosary90011@gmail.com](mailto:rosary90011@gmail.com) or (316) 559-5387.

This is a NAMI Spanish language support group providing an opportunity for family members and friends of adults living with mental illness to connect with others who share common experiences and concerns. This group provides support for those who speak español (Spanish). The group meets upstairs at Our Lady of Perpetual Health Parish Center, 2409 North Market, Wichita, KS 67219. Contact Maria Lopez, [rosary90011@gmail.com](mailto:rosary90011@gmail.com) or (316) 559-5387

***Individuals with Disabilities Education Act (IDEA)***

Many children with a diagnosed or suspected mental illness experience difficulties in school. It is very important for parents to be aware of the special educational services that public schools are required to provide. IDEA is the law that defines special education as “specially designed instruction, at no cost to the parents, to meet the unique needs of a child with a disability.” Children with disabilities are entitled to a “free and appropriate public education” (FAPE).

The main function of IDEA is to identify the educational needs of children who are experiencing difficulties in the academic environment. To qualify for special education services, a child must be evaluated and be determined to fall under one of IDEA’s 13 disability categories. Most children who are struggling with a mental illness, ADHD, bipolar disorder, depression, anxiety disorder, OCD, etc., will fall under the Emotional Disturbance (ED) category or Other Health Impaired category. The child may also have a learning disability that would be included in the Specific Learning Disability category.

If the child qualifies, a team, which includes school professionals and the child’s parents, will meet to develop an Individual Education Plan (IEP). This plan should describe the child’s unique needs and the classroom accommodations or supports, with measurable goals and objectives that will help the child progress in the educational curriculum.

A child who receives special education services cannot be suspended from school for more than 10 days in a school year; nor can the child be expelled if the behavior is determined to be a manifestation of the disability. There are certain behaviors for which a child’s placement can be changed to an “interim alternative educational setting” which must provide FAPE for up to 45 days while evaluations are being done to determine what accommodations the child needs to be safe and successful in school.

## **Section 504**

If a child has a disability, but does not need special education, the child may be able to receive helpful accommodations under Section 504, a civil rights law that prohibits discrimination against individuals with disabilities. Every child is entitled to a Free and Appropriate Public Education (FAPE).

Section 504 assures that whatever disabilities children have, physical or mental accommodations must be made so they can learn with their peers. Building and classroom modifications can be made and the curriculum can be altered to fit the need.

The **Every Student Succeeds Act of 2015**, concerning the education of all children in U.S. public schools, advances equity by upholding critical protections for America’s disadvantaged and high-need students and requires—for the first time—that all students in America be taught to high academic standards that will prepare them to succeed in college and careers. Among other things, it also helps to support and grow local innovations, including evidence-based and place-based interventions developed by local leaders and educators and maintains an expectation that there will be accountability and action to effect positive change in our lowest-performing schools.

Information about special education law and advocacy can be viewed at [www.wrightslaw.com](http://www.wrightslaw.com).

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# Section I – Understanding the Mental Health System

## Chapter 1

### What is Mental Illness?

Mental illnesses are disorders of the brain that are often unidentified, untreated and misunderstood. The stigma attached to mental illness adds to the difficulties faced by the person with mental illness and his/her family. One of NAMI's functions is to educate the public and demystify mental illness in the hope of decreasing the stigma.

It is important to know that with appropriate medical treatment, a community-based support system and informed family and friends many people with mental illness can lead productive and healthy lives. We call this RECOVERY!

Because mental illness is a brain disorder, diagnosis by a psychiatrist or a qualified mental health professional is essential. A psychiatrist has a medical degree (M.D.) and a three-year residency in psychiatry. Psychiatrists and Advance Practice Registered Nurses are the only mental health specialists qualified to prescribe psychiatric medication. Once a proper diagnosis has been made and medical regimen implemented, if warranted, a psychological-social treatment plan can be designed.

Because mental illness is usually a *long-term* disorder, consumers of mental health services have special needs. This directory has been published to help the members of our community who are living with mental illness, their family members and friends and community mental health professionals. It is designed to help locate the resources in our community that will best meet their needs. Many of the services are billed on a sliding scale based on ability to pay, or are available without cost to eligible mental health consumers.

TREATMENT WORKS

RECOVERY IS POSSIBLE



# Chapter 2

## Your Consumer Rights

### ***Your Legal Rights***

Your rights as a mental health service consumer are clearly explained in the booklet, *The Rights of Persons with Mental Illness in Kansas*, which you can obtain from:

<b>Disability Rights Center of Kansas</b>		<b>(785) 273-9661</b>
214 SW 6 <sup>th</sup> Avenue., Suite 100	TDD	1-877-335-3725
Topeka, KS 66603	Message	1-877-776-1541
	Website	<a href="http://www.drckansas.org">www.drckansas.org</a>
	Email	<a href="mailto:info@drckansas.org">info@drckansas.org</a>

### ***Grievances Over Discrimination***

If you think that you have been discriminated against because of your disability, you may contact:

<b>Equal Employment Opportunity Commission (EEOC)</b>		
<b>ADA Helpline</b>		<b>1-800-669-4000</b>
(For Title I - Discrimination in Employment)	TTY	1-800-669-6820

<b>Kansas Human Rights Commission</b>		<b>(785) 296-3206</b>
(For Americans with Disabilities Act (ADA issues))		
Landon State Office Building	Or	1-888-793-6874
900 SW Jackson		
5th Floor, Suite 568-S		
Topeka, KS 66612		

<b>U.S. Department of Justice/Civil Rights Division</b>		<b>(202) 514-2000</b>
(Enforcement of ADA Title III - Access to Goods and Services and Title III - Discrimination by City County or State Government)		
	Website	<a href="http://www.justice.gov/crt">www.justice.gov/crt</a>

## ***Grievances over Treatment***

If you think the person with mental illness or the family is not being treated fairly and adequately there are several steps you may take.

1. Discuss the problem with the mental health professional.
2. If the mental health professional does not take you seriously or blames you for the problem, report this to the person who made the referral. If the mental health professional is in an agency, report to the supervisor.
3. Terminate the treatment.

If the problem appears to be a gross violation of ethics or law, arm yourself with the facts and consider contacting the following agency.

<b>Disability Rights Center of Kansas</b>		<b>(785) 273-9661</b>
214 SW 6 <sup>th</sup> Avenue, Suite 100	TDD	1-877-335-3725
Topeka, KS 66603	Message	1-877-776-1541
	Website	<a href="http://www.drckansas.org">www.drckansas.org</a>
	Email	<a href="mailto:info@drckansas.org">info@drckansas.org</a>

You can also contact the ethics committee of the relevant organization such as the following agencies.

<b>American Psychiatric Association</b>		<b>(703) 907-7300</b>
737 Wilson Blvd., Suite 1825	or	1-888-357-7924
Arlington, VA 22209	Website	<a href="http://www.psychiatry.org">www.psychiatry.org</a>

<b>American Psychological Association</b>		<b>(202) 336-5500</b>
750 1 <sup>st</sup> Street NE	or	1-800-374-2721
Washington, DC 20002	Website	<a href="http://www.apa.org">www.apa.org</a>

<b>Behavioral Science Regulatory Board</b>		<b>(785) 296-3240</b>
700 SW Harrison Street #420	Fax	785-296-3112
Topeka, KS 66603-3817	Website	<a href="http://www.ksbsrb.ks.gov">www.ksbsrb.ks.gov</a>
(License behavioral health professionals in Kansas, Including Psychologists, Marriage and Family Therapists, Professional Counselors, Social Workers, Addictions professionals, Behavioral Analysts, etc.)		

<b>National Association of Social Workers</b>		<b>(202) 408-8600</b>
750 First Street, Northeast Suite 800		
Washington, DC 20002		
	Website	<a href="http://www.socialworkers.org">www.socialworkers.org</a>

## ***Legal Assistance***

Call these agencies first for more specific information.

### **District Attorney's Office**

535 North Main  
Wichita, KS 67203

(316) 660-3600  
Email [da@sedgwick.gov](mailto:da@sedgwick.gov)

### **Kansas Guardianship Program**

505 South Broadway St., Suite 207  
Wichita, KS 67202

(316) 269-2525  
Website [www.ksgprog.org](http://www.ksgprog.org)

### **Kansas Human Rights Commission**

300 West Douglas, Suite 220  
Wichita, KS 67202

(316) 337-6270

### **Kansas Human Rights Commission**

(For Americans with Disabilities Act -ADA- issues)

Landon State Office Building  
900 SW Jackson  
5th Floor, Suite 568-S  
Topeka, KS 66612

(785) 296-3206  
Or toll free 1-888-793-6874  
Website [www.khrc.net](http://www.khrc.net)

### **Kansas Legal Services**

310 East 2<sup>nd</sup> St. North  
Wichita, KS 67202

(316) 265-9681  
Website [www.kansaslegalservices.org](http://www.kansaslegalservices.org)

### **Public Defender's Office – Sedgwick County**

604 North Main St., Suite D  
Wichita, KS 67203

(316) 264-8700

### **Small Claims Court**

510 North Main  
Wichita, KS 67203

(316) 660-5900  
Website [www.dc18.org](http://www.dc18.org)

## Chapter 3

### Involuntary Commitment

#### ***Commitment Procedure***

Contact the mental health professional working with the patient involved to determine if that person supports the petition process and learn what you need to do as the petitioner. COMCARE of Sedgwick County can be contacted at 660-7500.

Or call:

**The Office of the District Attorney, Eighteenth Judicial District  
(316) 660-3600**

#### **Filing a Petition:**

Contact the District Attorney's office to learn about the commitment process. The District Attorney will refer a petitioner to Comcare to start the process. After evaluation, the District Attorney may ask that the petitioner prove that the patient is a person subject to involuntary commitment, provide the name of the physician who will evaluate and treat the patient and provide the name of the treatment facility where the patient has been admitted. The District Attorney also may require confirmation that a bed has been reserved for the patient at a treatment facility and know exactly where to locate the patient so that they may be taken into custody and transported to the facility where the bed has been reserved.

#### ***Rights of Person Being Committed***

1. The person being committed (patient) shall be represented by an attorney.
  - The court will appoint an attorney to represent the patient
  - Or
  - The patient may hire a private attorney to represent them.

2. The patient is entitled to a probable cause hearing that is to be held on the second business day after the filing of the petition. The patient shall be released if the court finds that the patient is not a person subject to involuntary commitment.
3. By law, if the court finds that there is probable cause to believe that the patient is a person subject to involuntary commitment, a trial hearing will be set 7 days after the probable cause hearing unless the court decides to advance the case and proceed without a hearing. The patient must be evaluated by a qualified mental health professional at least 3 days prior to the trial date.
4. The patient at any time may request that the court proceedings be continued for not more than three months so that they may enter into a short-term inpatient or outpatient treatment program. If treatment is successful, the patient's doctor may discharge the patient from treatment at any time and the court case will be closed. If short-term treatment is not successful, the patient's doctor may request the court to order the patient into continued treatment and a trial hearing may be held. The court may then order the patient to receive continued involuntary inpatient or outpatient treatment for a set amount of time.

### ***Privacy Act/Right to Confidentiality***

An adult who is being committed is not obligated to tell anyone – family members, employers, etc. – if or where he or she has been committed. An exception would be a personal guardians/s or a court appointed guardian, who would have certain rights to that kind of information.

### ***Contacting a Person Who Has Been Committed***

If your family member has been committed, you can visit them if you know the treatment facility in which they are placed and the patient does not object to your visiting them.

### ***To find out where the person has been committed:***

Call each facility and ask that a message be forwarded to have the patient contact you.

# Chapter 4

## Advocacy

### **NAMI Wichita, Kansas**

P.O. Box 2435  
Wichita, KS 67201

Website  
Email

**(316) 686-1373**  
[www.namiwichita.org](http://www.namiwichita.org)  
[info@namiwichita.org](mailto:info@namiwichita.org)

### **Breakthrough Club Clubhouse**

1010 North Main  
Wichita, KS 67203

Website

**(316) 269-2534**  
[www.btcwichita.com](http://www.btcwichita.com)

### **CASA of Sedgwick County**

Court Appointed Special Advocate  
For Children in Foster Care  
220 West Douglas, Suite 15  
Wichita, KS 67202

**(316) 866-2920**

### **Disability Rights Center of Kansas**

214 SW 6th Street, Suite 100  
Topeka, KS 66603

TDD  
Message  
Website  
Email

**(785) 273-9661**  
1-877-335-3725  
1-877-776-1541  
[www.drckansas.org](http://www.drckansas.org)  
[info@drckansas.org](mailto:info@drckansas.org)

### **Families Together, Inc**

Support for families who have children  
with disabilities – ages birth to 21  
years.

3033 West 2nd #122  
Wichita, KS 67203

Website [www.familiestogetherinc.org](http://www.familiestogetherinc.org)  
Email

[wichita@familiestogetherinc.org](mailto:wichita@familiestogetherinc.org)

**(316) 945-7747**

### **Independent Living Resource Center**

3033 West 2nd Street  
Wichita, KS 67203

Website

**(316) 942-6300**  
[www.ilrcks.org](http://www.ilrcks.org)

**Kansas Human Rights Commission**

For Americans with Disabilities Act  
(ADA) issues)

Landon State Office Building

900 SW Jackson

5th Floor, Suite 568-S

Topeka, KS 66612

**(785) 296-3206**

Or 1-888-793-6874

Website

[www.khrc.net](http://www.khrc.net)

**Mental Health Association of South  
Central Kansas**

555 North Woodlawn #3105

Wichita, KS 67208

**(316) 685-1821**

Website

[www.mhasck.org](http://www.mhasck.org)

**Project Independence**

P.O. Box 48369

212 South Hydraulic, #200

Wichita, KS 67211

**(316) 262-6898**

**NAMI Kansas**

P.O. Box 675

Topeka, KS 66601

**1-800-539-2660**

Email

[info@namikansas.org](mailto:info@namikansas.org)

Website

[www.namikansas.org](http://www.namikansas.org)

**NAMI (The Nation's Voice on Mental Illness)**

3803 North Fairfax Drive, Suite 100

Arlington, VA 22203

**Helpline**

Website

**1-800-950-NAMI (6264)**

[www.nami.org](http://www.nami.org)

# Section II – Services in Sedgwick County

## Chapter 5

### Finding Help In A Crisis

For fast help with a mental health crisis or other types of crises, you can call these services (most are 24 hour lines):

**(Note: If you call 911 for this type of help, request a Crisis Intervention Team- CIT- officer if one is available. See below.)**

**Ambulance, Fire, Police** **911**  
**(Or local emergency numbers)**

**Note:** For hearing/speech disabled TDD users, dial the **Kansas Relay Center.**

**1-800-766-3777**

(The relay operator should be informed of the emergency at the beginning of the call)

#### **(CIT) Sedgwick County Crisis Intervention Teams**

The Sedgwick County CIT Council has implemented a 40-hour specialized Training program for law enforcement, corrections and parole officers to prepare them to respond effectively and safely to crisis calls concerning persons with mental illnesses and to divert these individuals as much as possible from jail to community mental health services. 911 dispatchers have also been trained to assign a certified CIT officer to a call involving someone with mental illness if a CIT officer is available. If you request this type of assistance from 911, please indicate that if possible you wish to have a CIT officer respond to your call.

**COMCARE Crisis Intervention Services** **(316) 660-7500**  
**24/7 Mental Health Emergency/Suicide  
Prevention/Substance Abuse Services**

Community Crisis Center  
635 North Main  
Wichita, KS 67203

TTY

1-800-766-3777

Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)



**Mid-Kansas Poison Control Center** **1-800-222-1222**  
TTY 1-866-238-0677

**Parent Helpline (KCSL)** **1-800-CHILDRE(N)**  
**(1-800-244-5373)**  
Website [www.kcsl.org](http://www.kcsl.org)

***Shelters for Battered and Abused Women  
And Children***

**Harbor House of Catholic Charities** **(316) 263-6000**  
Or 1-866-899-5522

**YWCA Women’s Crisis Center/Safehouse** **(316)267-SAFE(7233)**

**Wichita Children’s Home** **(316) 684-6581**  
7271 E. 37th St. North  
Wichita, KS 67226 Website [www.wch.org](http://www.wch.org)

***Other Helpful Numbers***

**Cana Counseling of Catholic Charities** **(316) 263-6941**  
437 North Topeka Or 1-866-839-4327  
Wichita, KS 67202

**Counseling Center at MHA** **(316)652-2590**  
555 North Woodlawn, Suite 102 Website [www.mhasck.org](http://www.mhasck.org)  
Wichita, KS 67208

**Ember Hope** **1-800-593-1950**  
**(Youthville, Family Consultation Services)**  
Services include FCS Counseling  
4505 East 47<sup>th</sup> St. South Email [info@emberhope.org](mailto:info@emberhope.org)  
Wichita, KS 67210 Website [www.emberhope.org](http://www.emberhope.org)

**Kansas Aging and Disability Resource Center** **1-855-200-ADRC**  
Information, referral and assistance **(1-855-200-2372)**

**Central Plains ADRC**  
2622 West Central, Suite 500  
Wichita, KS  
Website  
[www.kdads.ks.gov/commissions/commission-on-aging/aging-and-disability-resource-centers](http://www.kdads.ks.gov/commissions/commission-on-aging/aging-and-disability-resource-centers)

**Kansas Relay Center**

**1-800-766-3777**

For hearing/speech disabled TTY users – Incoming  
or outgoing calls.  
(A special operator will assist you.)

**National Suicide Prevention Lifeline**

**1-800-273-TALK**

Veterans select option #1

(1-800-273-8255)

**Prairie View at Legacy Park**

**(316) 634-4700**

9333 East 21<sup>st</sup> Street North  
Wichita, KS 67206

Email  
Website

[info@pvi.org](mailto:info@pvi.org)  
[www.prairieview.org](http://www.prairieview.org)

**Prairie View at Reflection Ridge**

7570 West 21<sup>st</sup> Street, Suite 1026-D  
Wichita, KS 67205

Email  
Website

[info@pvi.org](mailto:info@pvi.org)  
[www.prairieview.org](http://www.prairieview.org)

**United Way InfoLine**

**211**

**United Way of the Plains**

**(316) 267-1321**

245 North Water  
Wichita, KS 67202

Email [uwp@unitedwayplains.org](mailto:uwp@unitedwayplains.org)  
Website [www.unitedwayplains.org](http://www.unitedwayplains.org)

**Via Christi Behavioral Health Center**

**(316) 858-0333**

**(Previously referred to as Good Shepherd Hospital)**

8901 East Orme  
Wichita, KS 67207

# Chapter 6

## Accessing Services

**Note:** When inquiring about any service, it is important to ask if Medicare and/or Medicaid are accepted.

The Medicare Toll-free Help Line is **1-800-633-4227**.

### ***Where to Call***

If you or someone you know needs help with a serious mental illness, call:

**COMCARE Crisis Intervention Services** (316) 660-7500  
**24/7 Mental Health Emergency/Suicide** TTY 1-800-766-3777  
**Prevention/ Substance Abuse Services**  
Comcare Community Crisis Center  
635 North Main  
Wichita, KS 67203

**COMCARE Adult SAME DAY ASSESSMENT** (316) 660-7540  
Adult Mental Health and Addiction Services  
Walk-Ins Welcome, No Appointments Necessary  
Monday – Friday 8 a.m. to 3:30 p.m. TTY 1-800-766-3777  
940 North Waco  
Wichita, KS 67203

**COMCARE Children’s Services** (316) 660-9605  
350 South Broadway  
Wichita, KS 67202  
Monday – Friday 8 a.m. to 5 p.m.

COMCARE of Sedgwick County is a licensed Community Mental Health Center providing mental health and substance abuse services to all residents regardless of ability to pay. COMCARE has programs and services available for children, adolescents and adults.

Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**Mental Health Association of South Central Kansas** (316) 685-1821  
555 North Woodlawn #3105  
Wichita, KS 67208 Email [info@mmasck.org](mailto:info@mmasck.org)  
Website [www.mmasck.org](http://www.mmasck.org)

The purpose of the Mental Health Association of South Central Kansas is to improve mental health through the provision of education, advocacy, and direct services to persons who have a mental illness.

**Counseling Center at MHA** (316) 652-2590  
555 North Woodlawn, Suite 102  
Wichita, KS 67208

**Counseling Center at MHA – Countryside** (316) 652-2590  
9415 East Harry  
Wichita, KS

**KU Psychiatry Clinic** (316) 293-2647  
**KU Wichita Psychiatry and Behavioral Sciences**  
KU Psychiatry Clinics offer outpatient services for children and adults  
Website [www.wichita.kumc.edu](http://www.wichita.kumc.edu)

1001 North Minneapolis  
Wichita, KS 67214

8533 East 32<sup>nd</sup> Street North  
Wichita, KS 67226

**Private psychiatrist** - Be sure to ask if Medicare or Medicaid is accepted.

**Wichita Child Guidance Center** (316) 686-6671  
**Division of Kansas Children’s Service League**  
Outpatient mental health services for children, adolescents and families.  
415 North Poplar  
Wichita, KS 67214 Website [www.kcsl.org](http://www.kcsl.org)

## ***Case Management***

A case manager can help you find, organize, and coordinate the mental health and living-support services you need. He or she will make referrals for services such as financial aid, housing, food stamps, application for Social Security Disability Benefits, general health care, dental services, a job, and recreation.

You can obtain a Case Manager through:

**Center City Homeless Program** (316) 660-7800

(A program of COMCARE)

402 East 2<sup>nd</sup>, Suite B

Wichita, KS 67202

Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**COMCARE of Sedgwick County**

**Community Support Services (CSS)** (316) 660-7700

**For 1<sup>st</sup> appointment, SAME DAY ASSESSMENT** (316) 660-7540

Walk-Ins Welcome, No Appointment necessary

Monday – Friday 8 a.m. to 3:30 p.m.

940 North Waco

Wichita, KS 67203

Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**COMCARE of Sedgwick County** (316) 660-9605

Children’s Case Management

350 South Broadway

Wichita, KS 67202

Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**Mental Health Association of South Central Kansas** (316) 685-1821

Case Management (adults & children)

555 North Woodlawn #3105

Wichita, KS 67208

Email [info@mmasck.org](mailto:info@mmasck.org)

Website [www.mhasck.org](http://www.mhasck.org)

**United Methodist Open Door’s Homeless Services** (316) 265-9371

**Vision Quest Case Management**

402 East 2<sup>nd</sup>

Wichita, KS 67202

Website [www.umopendoor.org](http://www.umopendoor.org)

## Chapter 7

# Financial, Food, Medical, and Other Resource Help

Money, food and health care costs are problems for most people who are recovering from a long-term, disabling mental illness. If you are unable to work, or your ability to work is limited, federal and state government financial, food, and health care aid programs are available to help you.

Your case manager should help you obtain the aid you need. If you are in a hospital, your discharge plan should make your move back into your home community easier. As a part of your plan, you may apply for some financial assistance and get a decision before you leave the hospital.

### ***Financial Assistance***

- **SSDI – Social Security Disability Insurance** – A program for disabled workers who have worked a certain amount of time and paid enough into the Disability Trust Fund to get financial benefits.
- **SSI – Supplemental Security Income** – A “needs” program, not based on work history, for disabled people with limited incomes and few other resources. It is also available for children and the aged who are not disabled.
- **TANF – Temporary Assistance for Needy Families** – Cash assistance, also known as TANF, helps adults with their problems in getting a job, provides support services for work, training, work activities, and education and helps families learn new skills, build on their current abilities, and keep children in their homes.  
Call 1-888-369-4777
- **Child Care Subsidy Program** – Assistance in paying for child care costs. It helps many types of families. These include the following:
  - Families who receive TANF (Temporary Assistance for Needy Families) - This program helps these families get and keep jobs.
  - Low-income, working families.
  - Some families in education or training activities - This provides help for keeping a job or getting a better job.
  - Teen parents completing high school or GED.Call 1-888-369-4777

## **Medical Assistance**

- **Medicare** – A Federally financed health insurance and prescription drug program for persons who are elderly or disabled and who are insured under the Social Security program. For anyone needing assistance with navigating through Medicare, contact Senior Health Insurance Counseling for Kansas (SHICK) under the Kansas Department of Aging. **1-800-860-5260**.
- **KanCare/Medicaid** – The KanCare program is the State of Kansas’ managed care program. KanCare is provided to all Medicaid consumers. Kansas has contracted with three health plans, or managed care organizations (MCOs), to coordinate health care for nearly all beneficiaries. The KanCare health plans are Amerigroup of Kansas, Inc., Sunflower Health Plan and United Healthcare Community Plan of Kansas.
- **Spenddown** – A spenddown works like an insurance deductible. Persons must incur medical costs equal to the spenddown before Medicaid will pay. When a person meets his or her spenddown, Medicaid will pay. The spenddown is usually for a six-month base period. The spenddown amount is based on income. Any person with income over \$475 will have a spenddown. Almost every person has a different spenddown amount.

For information on how to obtain the medical and financial assistance referred to in the previous sections, contact:

<b>Kansas Department for Children and Families</b>		<b>(785) 296-3271</b>
<b>KDCF (Formerly SRS)</b>		
Wichita Regional Service Center		<b>(316) 337-7000</b>
2601 South Oliver	TDD/TTY	1-800-766-3777
Wichita, KS 67210	Website	<a href="http://www.dcf.ks.gov">www.dcf.ks.gov</a>

<b>Social Security Administration</b>		<b>1-800-772-1213</b>
3216 North Cypress	Local	1-866-931-9137
Wichita, KS 67226	TTY	1-800-325-0778

<b>KS Department of Health and Environment</b>		
<b>KanCare Clearinghouse</b>		<b>1-800-792-4884</b>
Website	<a href="http://www.kancare.ks.gov/consumers/apply-for-kancare">www.kancare.ks.gov/consumers/apply-for-kancare</a>	

## ***Other Financial Aid/ Services***

A variety of assistance is available for different needs. Call these agencies for further information:

**American Red Cross Midway Kansas Chapter** (316) 219-4070  
**Emergency Social Services**  
1900 East Douglas  
Wichita, KS 67214

**Center of Hope** (316) 267-0222  
(Assists with rent and utilities. Program to prevent  
homelessness.) Website [www.centerofhopeinc.org](http://www.centerofhopeinc.org)  
Call Mondays only. 9:00 – 12:00, 1:00 - 4:00

**Episcopal Social Services at Venture House** (316) 269-4160  
**Representative Payee Services**  
1010 North Main  
Wichita, KS 67203

**Kansas Department for Children and Families** (785) 296-3271  
**KDCF (Formerly SRS)**  
**Wichita Regional Service Center** (316) 337-7000  
2601 South Oliver TDD/TTY 1-800-766-3777  
Wichita, KS 67210

Assistance provided for:

- 1) Low Income Energy Assistance Program (LIEAP), Help with gas/electric expenses
- 2) EBT/Vision card for purchase of groceries (food stamps) and some financial assistance

### **Lifeline Phones**

Lower cost land or cell phones are available for people receiving certain government benefits. A variety of phone service companies provide these phones. Plans may differ. Listed below are only a few of the companies that provide this service.

**Cox 866-961-0027, Reachout Wireless 877-870-9222, Budget Mobile 8888-777-4007, Access Wireless 800-464-6010, Safelink Wireless 800-723-3546, TerraCom Wireless 877-388-1082**



**Sisters of St. Joseph Dear Neighbor Ministries** (316) 684-5120  
**Representative Payee Services**  
1329 South Bluffview  
Wichita, KS 67218 Website [www.dearneighbor.org](http://www.dearneighbor.org)

**Volunteer Income Tax Assistance (VITA)** 211  
(A free service for preparing and filing Federal and State taxes)  
Call United Way (211) for information on sites and phone numbers. Be sure to ask about Homestead Exemption and Sales Taxes

**Housing:** For information on public housing and financial assistance for housing, see Chapter 9, “Housing.”

### ***Food Programs***

Miscellaneous programs are available. Call these agencies for further information or call United Way (211) or [www.unitedwayplains.org/2-1-1](http://www.unitedwayplains.org/2-1-1)

#### **Wichita**

**Center of Hope Prairie Land Food Program** (316) 267-3999  
400 North Emporia  
Wichita, KS 67202

**College Hill UMC Food Pantry** (316) 683-4643  
2930 East 1<sup>st</sup> St. North  
Wichita, KS 67208

**Commodity Supplemental Food Program (CSFP)** (316) 267-0511  
United Methodist Open Door  
(Children up to 6 yrs old and adults 60 yrs old and older)  
Website [www.umopendoor.org](http://www.umopendoor.org)

**Community Food Ministry** (316) 267-4201  
(United Methodist Open Door)

**Meals on Wheels** (316) 267-0122  
Senior Services, Inc.  
Website [www.seniorservicesofwichita.org](http://www.seniorservicesofwichita.org)

**New Beginnings Food Handout Program** (316) 267-6504  
**And Clothes Closet**  
209 West 21<sup>st</sup> St. North  
Wichita, KS 67203

**Our Daily Bread Food Pantry of Catholic Charities** (316) 262-8344  
2825 South Hillside Ext. 1504  
Wichita, KS 67216

**Salvation Army** (316) 263-2769

**EBT/Vision (Prepaid card for groceries/Food Stamps)** (316) 337-7000  
KDCF (Formerly SRS) TDD/TTY (316) 337-6344  
Supplemental Nutrition Assistance Program  
2601 South Oliver Customer Service 1-800-997-6666  
Wichita, KS 67210

### ***Feeding Programs / Soup Kitchens***

**Episcopal Social Services** (316) 269-4160  
1010 North Main  
Wichita, KS 67214 Website [www.esswichita.org](http://www.esswichita.org)

**Inter-Faith Inn** (316) 264-9303  
320 East Central Website [www.interfaithwichita.org](http://www.interfaithwichita.org)  
Wichita, KS 67202

**Life Center Church** (316)305-3564  
1156 North Oliver  
Wichita, KS 67208

**St. Matthews CME Church**  
1313 East 8<sup>th</sup> St. (316) 519-4609  
Wichita, KS 67214

**St. Paul Community Development**  
**Outreach Corp.** (316) 806-2976  
1756 North Piatt  
Wichita, KS 67214

**Union Rescue Mission**

Shelter for Men  
2800 North Hillside  
Wichita, KS 67219

**(316) 687-4673**  
Doors open 4:00 P.M.  
Meals provided

**The Lord's Diner**

520 North Broadway  
Wichita, KS 67214

**(316) 266-4966**

2825 South Hillside  
Wichita, KS 67216

**(316) 295-2122**

Serving nightly 5:30—7:30 p.m.  
7 days a week  
365 days a year, including holidays

**The Lord's Diner Mobile Feeding Program**

Meals served Monday - Friday 4:30 – 6:00 p.m.

**- Evergreen Recreation Center**

2700 Woodland  
Wichita KS

**- Hilltop Community Center**

1329 South Terrace  
Wichita, KS 67218

**- Atwater Neighborhood Resource Center**

2755 East 19<sup>th</sup> St. North  
Wichita, KS 67214

***Clothing, Household/Personal Supplies, Linens***

There are various programs available. Some items are available in limited quantities, depending upon recent donation.

**Head-To-Toe Hygiene Pantry**

**A program of United Methodist Open Door**

**(316) 265-9371**

Personal Hygiene Items distributed to families

1611 North Mosley

Website [www.headtotoehygienepantry.org](http://www.headtotoehygienepantry.org)

Wichita, KS 67202

Distribution: 3<sup>rd</sup> Saturday of each month

Times: 9 a.m. to 11 a.m.

**His Helping Hands** (316) 838-8528  
1441 East 37<sup>th</sup> Street North  
Wichita, KS 67219  
Website [www.ccc.org/his\\_helping\\_hands](http://www.ccc.org/his_helping_hands)

**Klothes Kloset** (316) 265-1670  
**United Methodist Open Door**  
402 East 2<sup>nd</sup> Street  
Wichita, KS 67201

### ***Thrift Stores***

**Amvets Value Center** (316) 263-5691  
530 East Douglas

**Assistance League of Wichita** (316) 687-6107  
2431 East Douglas

**Disabled American Veterans Thrift Stores (DAV)**  
1202 West Douglas (316) 262-4440  
5455 East Central (316) 684-7496  
4720 South Seneca (316) 529-2037  
4623 West Central (316) 945-8001  
3015 South George Washington Blvd. (316) 682-9368

**Economy Corner** (316) 267-1432  
501 North Broadway

**Goodwill Industries Easter Seals** (316) 744-9291  
3636 North Oliver (316) 744-3822  
5025 South Broadway (316) 522-1234  
5525 West Central (316) 942-9901  
412 South Andover Road, Andover, KS (316) 218-1800  
3737 North Maize Rd. (316) 729-6600  
1247 North Rainbow, Derby, KS (316) 789-8804

**Woodlawn United Methodist Thrift Store** (316) 788-2781  
103 North Baltimore Avenue  
Derby, KS 67037

## **Medical**

### **E. C. Tyree Health Clinic**

**(316) 681-2545**

1525 Lorraine  
Wichita, KS 67214

Website [www.saintmarkumc.com/ectyree.php](http://www.saintmarkumc.com/ectyree.php)

### **Grace Med Health Clinics Call Center**

**(316) 866-2000**

Website

[www.gracemed.org](http://www.gracemed.org)

#### **Main Clinic**

**Helen Galloway Clinic**  
**1122 North Topeka**  
**Wichita, KS 67214**

#### **Grace Med Satellite Health Clinics**

- **Comcare Clinic**  
1919 North Amidon, Suite 100  
Wichita, KS 67203
- **Dental Outreach Clinic**  
126 North Emporia St.  
Wichita, KS
- **Dodge Family Clinic**  
4910 West 1<sup>st</sup> St. North  
Wichita, KS 67212
- **Downing Family Clinic**  
2201 East 25<sup>th</sup> St. North, Bldg. 200  
Wichita, KS 67218
- **Evergreen Family Clinic**  
1125 West. 26<sup>th</sup> St. North  
Wichita, KS 67204
- **Healthy Family Clinic**  
1905 South Laura  
Wichita, KS 67211

- **Jardine Family Clinic**  
3610 East Ross Parkway  
Wichita, KS 67210
  
- **Meyer Family Clinic**  
755 West Lincoln  
Wichita, KS 67213
  
- **Mother Mary Anne Clinic**  
1131 South Clifton  
Wichita, KS 67218

**Guadalupe Clinic/Wichita Diocese**

940 South St. Francis  
Wichita, KS 67211

**(316) 264-8974**

**Guadalupe Clinic/Wichita Diocese**

2825 South Hillside  
Wichita, KS 67216

**(316) 201-1986**

**HealthCore Center**

2707 East 21<sup>st</sup> Street  
Wichita, KS 67214

Website

**(316) 691-0249**

[www.healthcoreclinic.org](http://www.healthcoreclinic.org)

**HealthWave**

Health Care Insurance for uninsured qualified  
Kansas families

Website

**1-800-792-4884**

[www.kdheks.gov/hcf/Medicaid](http://www.kdheks.gov/hcf/Medicaid)

**Hunter Health Main Clinic**

2318 East Central  
Wichita, KS 67214

Website

**(316) 262-2415**

[www.hunterhealthclinic.org](http://www.hunterhealthclinic.org)

**Hunter Health Clinic Brookside Satellite**

2750 South Roosevelt  
Wichita, KS 67210

**(316) 652-0152**

**Hunter Health Clinic Inter-Faith Ministries**

935 North Market  
Wichita, KS 67214

**(316) 858-1151**

**Medical Services Bureau**

**(316) 683-7559**

Provides vouchers to local pharmacies for prescription medications, diabetic supplies, and Medicare Part D medication co-pays when emergency help is needed

1530 South Oliver, Suite 130

Wichita, KS 67218

Website

[www.msbmedlinks.org](http://www.msbmedlinks.org)

**Project ACCESS**

**(316) 688-0600**

**Central Plains Healthcare Partnership**

(A referral network providing access to health care for low-income, uninsured members of Sedgwick County) Call for enrollment sites.

1102 South Hillside

Wichita, KS 67211

Website [www.centralplainshealthcarepartnership.org](http://www.centralplainshealthcarepartnership.org)

**Robert J. Dole Veterans Administration Medical Center** (Veterans only)

**(316) 685-2221**

or 1-888-878-6881

5500 East Kellogg

Website

[www.wichita.va.gov](http://www.wichita.va.gov)

Wichita, KS 67218 Website

**Sedgwick County Health Department**

**(316) 660-7300**

Call for information about appointments, specific services offered, and the community health center nearest you.

1900 East 9<sup>th</sup> Street

Wichita, KS 67214

Website [www.sedgwickcounty.org/healthdept](http://www.sedgwickcounty.org/healthdept)

**Social Security Administration**

**1-866-931-9173**

3216 North Cypress

TTY

1-800-325-0778

Wichita, KS 67226

Website

[www.ssa.gov](http://www.ssa.gov)

**To apply for KanCare (Medicaid), in order to obtain your medical card for physician and prescription services, contact:**

**KS Department of Health and Environment**

**KanCare Clearinghouse**

**1-800-792-4884**

Website [www.kancare.ks.gov/consumers/apply-for-kancare](http://www.kancare.ks.gov/consumers/apply-for-kancare)

## ***Prescriptions***

Please call first for information about specific programs

**Medical Services Bureau** (316) 683-7559

1530 South Oliver, Suite 130

Wichita, KS 67218

Website [www.msbmedlinks.org](http://www.msbmedlinks.org)

**Needy Meds**

**1-800-503-6897**

Resources for assistance with prescriptions

Website [www.needymeds.org/](http://www.needymeds.org/)

**Robert J. Dole VA Medical Center**

**(316) 685-2221**

(Veterans Only)

5500 East Kellogg

Or

**Option 1**  
1-888-878-6881

Wichita, KS 67218

Website [www.wichita.va.gov](http://www.wichita.va.gov)

## ***Dental***

Please call for information about appointments and specific services offered.

**E. C. Tyree Dental Clinic**

**(316) 681-2545**

1525 North Lorraine

Wichita, KS 67214

Website [www.saintmarkumc.com/ectyree.php](http://www.saintmarkumc.com/ectyree.php)

**GraceMed Health & Dental Clinics**

Website

[www.gracemed.org](http://www.gracemed.org)

**Call Center**

**(316) 866-2000**

**Main Clinic**

**Helen Galloway Clinic**

1122 North Topeka

Wichita, KS 67214

**Satellite Health and Dental Clinics**

➤ **Dental Outreach Clinic**

126 North Emporia

Wichita, KS

➤ **Dodge Family Clinic**

4910 West 1<sup>st</sup> St. North

Wichita, KS 67212



- **Evergreen Family Clinic**  
1125 West 26<sup>th</sup> St. North  
Wichita, KS 67204
- **Healthy Family Clinic**  
1905 South Laura  
Wichita, KS 67211
- **Meyer Family Clinic**  
755 West Lincoln  
Wichita, KS 67213
- **Mother Mary Anne Urgent Care Clinic**  
1131 South Clifton Ave.  
Wichita, KS 67218

**HealthWave** **1-800-792-4884**  
Health Care Insurance for uninsured qualified Kansas families  
Website [www.kdheks.gov/hcf/Medicaid](http://www.kdheks.gov/hcf/Medicaid)

**Hunter Health Clinic, Inc.** **(316) 269-0677**  
2318 E Central Website [www.hunterhealthclinic.org](http://www.hunterhealthclinic.org)  
Wichita, KS 67214

**Sedgwick County Health Department** **(316) 660-7300**  
(Free Oral Screenings for Children to age 16)  
(Referral by school nurse)  
1900 East 9<sup>th</sup> Street  
Wichita, KS 67214  
Website [www.sedgwickcounty.org/healthdept](http://www.sedgwickcounty.org/healthdept)

**Delta Dental of Kansas Foundation Dental Hygiene Clinic at Wichita State University** **(316) 978-3603**  
1845 Fairmont  
Ahlberg Hall  
17<sup>th</sup> Street and Harvard  
Wichita, KS 67260

**Wichita State University Advanced Education in General Dentistry Delta Dental of KS Dental Clinic** **(316) 978-8350**  
(Comprehensive dental treatment)  
2838 North Oliver  
Wichita, KS 67220

## ***Optical***

Please call for information about appointments and specific services offered.

### **GraceMed Health Clinic**

**Call Center**

Website [www.gracemed.org](http://www.gracemed.org)

**(316) 866-2000**

**Optometry Clinic**

1122 North Topeka  
Wichita, KS 67214

### **HealthWave**

For uninsured qualified Kansas families

Website [www.kdheks.gov/hcf/Medicaid](http://www.kdheks.gov/hcf/Medicaid)

**1-800-792-4884**

### **Medical Services Bureau**

1530 South Oliver, Suite 130

Wichita, KS 67218 Website [www.msbmedlinks.org](http://www.msbmedlinks.org)

**(316) 683-7559**

### **Robert J. Dole VA Medical Center**

(Veterans Only)

5500 East Kellogg

Wichita, KS 67218

Or

**(316) 685-2221**

1-888-878-6881

Website

[www.wichita.va.gov](http://www.wichita.va.gov)

## ***Hearing Aids/Testing; Special Services***

Please call for information about appointments and specific services offered.

### **Heartspring**

8700 East 29<sup>th</sup> St. North

Wichita, KS 67226

Or

Website

**(316) 634-8700**

1-800-835-1043

[www.heartspring.org](http://www.heartspring.org)

### **Robert J. Dole VA Medical Center**

(Veterans Only)

5500 East Kellogg

Wichita, KS 67218

Or

Website

**(316) 685-2221**

1-888-878-6881

[www.wichita.va.gov](http://www.wichita.va.gov)

### **WSU Speech, Language and Hearing Clinic**

5015 East 29<sup>th</sup> Street North (Entrance "T")

Wichita, KS 67220

**(316) 978-3289**

(316) 978-3289

## ***Medical Equipment to Loan***

Please call for information about specific services offered.

### **Medical Loan Closet**

6655 East Harry  
Wichita, KS 67207

(316) 779-8989

Email [mlcwichita@gmail.com](mailto:mlcwichita@gmail.com)

### **Medical Equipment Recycling Network (MERN) Independent Living Resource Center**

3033 West 2<sup>nd</sup> St. North  
Wichita, KS 67203

(316) 942-6300  
1-800-479-6861

Website

[www.ilrcks.org](http://www.ilrcks.org)

## ***Transportation***

### **Wichita Transit**

(Check on bus schedule, discounts for disabled & van service)

(Press “2” for disabled & follow prompts)

(Voice mail for after-hours scheduling.)

Website [www.wichitatransit.org](http://www.wichitatransit.org)

(316) 265-7221

### **Transit Center**

214 South Topeka  
Wichita, KS 67202

**Note: Non-emergency transportation service is available for some on Medicaid/KanCare. Call your Managed Care Organization for information. They are Amerigroup of Kansas, Inc., Sunflower Health Plan and United Healthcare.**

**Amerigroup of Kansas, Inc.  
Sunflower Health Plan  
United Healthcare**

**1-800-454-3730  
1-877-644-4623  
1-877-542-8997**

## Chapter 8

### Employment, Education

#### ***Employment - Guidance, Counseling, Support, Placement***

**Breakthrough Club** (316) 269-2534  
1010 North Main  
Wichita, KS 67203 Website [www.btcwichita.com](http://www.btcwichita.com)

**COMCARE Community Support Services** (316) 660-7700  
**Supported Employment Services, Supported Education Services**  
**For 1<sup>st</sup> appointment: SAME DAY ASSESSMENT** (316) 660-7540  
Walk-Ins Welcome, No Appointment necessary Or 1-800-766-3777  
Monday – Friday 8 a.m. to 3:30 p.m.  
940 North Waco  
Wichita, KS 67203  
Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**Episcopal Social Services at Venture House** (316) 269-4160  
**Job Readiness and Computer Lab**  
1010 North Main Website [www.esswichita.org](http://www.esswichita.org)  
Wichita, KS 67203

**Goodwill Industries** (316) 744-9291  
3351 North Webb Road  
Wichita, KS 67226

**Independent Living Resource Center** (316) 942-6300  
3033 West 2<sup>nd</sup> Street Or 1-800-479-6861  
Wichita, KS 67203 Website [www.ilrcks.org](http://www.ilrcks.org)

**Mental Health Association of South Central Kansas** (316) 685-1821  
**Supported Employment**  
555 North Woodlawn # 3105 Website [www.mhasck.org](http://www.mhasck.org)  
Wichita, KS 67208

**Robert J. Dole VA Medical Center** (316) 685-2221  
(Veterans Only) Or 1-888-878-6881  
5500 East Kellogg  
Wichita, KS 67218 Website [www.wichita.va.gov](http://www.wichita.va.gov)

## **Education - Guidance, Counseling, Support, Classes and Skills Training**

Please call for information about specific programs offered.

**Breakthrough Club** (316) 269-2534  
1010 North Main  
Wichita, KS 67203 Website [www.btcwichita.com](http://www.btcwichita.com)

**COMCARE Community Support Services** (316) 660-7700  
**Supported Education Services**  
**For 1<sup>st</sup> appointment: SAME DAY ASSESSMENT** (316) 660-7540  
Walk-Ins Welcome, No Appointment Necessary Or 1-800-766-3777  
Monday – Friday 8 a.m. to 3:30 p.m.  
940 North Waco  
Wichita, KS 67203  
Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**COMCARE Children’s Services** (316) 660-9605  
**Transitional Age Program – ages 16-22** Or 1- 800-766-3777  
350 South Broadway  
Monday – Friday 8 a.m. to 5 p.m.  
Wichita, KS 67202  
Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**Communities in Schools** (316) 973-5110  
Resource for public school K-12  
412 South Main Street, Suite 212  
Wichita, KS 67202

**Families Together, Inc.** (316) 945-7747  
Support for families who have children with disabilities from ages birth to 21 years.  
3033 West 2<sup>nd</sup>, Suite 122  
Wichita, KS 67203  
Website [www.familiestogetherinc.org](http://www.familiestogetherinc.org)

**Kansas Children’s Service League** (316) 942-4261  
Counseling, parenting education  
Website [www.kcsl.org](http://www.kcsl.org)

**Love and Logic Training for Parents** 1-800-338-4065  
Website [www.loveandlogic.com](http://www.loveandlogic.com)

**Mental Health Association of South Central Kansas  
Supported Education**

**(316) 685-1821**

555 North Woodlawn, Suite 3105  
Wichita, KS 67208

Website

[www.mhasck.org](http://www.mhasck.org)

**NAMI Family-To-Family Education Course**

**National 1-800-950-6264**

An evidenced based family program designed to foster learning, healing and empowerment in families of persons with serious brain disorders.

**Local (316) 686 1373**

Website

[www.namiwichita.org](http://www.namiwichita.org)

Email: [family2family@namiwichita.org](mailto:family2family@namiwichita.org)

**NAMI Peer-To-Peer Education Course**

A program for people with serious mental illness designed to assist with establishing and maintaining wellness and recovery. The course is taught by teams of peer-teachers who are themselves experienced at living well with mental illness.

Website

[www.namiwichita.org](http://www.namiwichita.org)

Email: [peer2peer@namiwichita.org](mailto:peer2peer@namiwichita.org)

**NAMI Basics Education Course**

A program designed for parents and other caregivers of children and adolescents living with mental illness. The class focuses on practical insights for day to day living and empowerment to become effective advocates for their children.

Website

[www.namiwichita.org](http://www.namiwichita.org)

Email: [namibasics@namiwichita.org](mailto:namibasics@namiwichita.org)

**NAMI Homefront Education Course**

A program designed for family members and caregivers of those who are military service members or veterans and who have mental illness. This course is designed to foster learning, healing and empowerment in those family members and caregivers.

Website

[www.namiwichita.org](http://www.namiwichita.org)

**Note: For information about local NAMI classes  
above call NAMI Wichita at (316) 686-1373  
or check at [www.namiwichita.org](http://www.namiwichita.org)**

**Robert J. Dole VA Medical Center**

(Veterans Only)  
5500 East Kellogg  
Wichita, KS 67218

**(316) 685-2221**

1-888-878-6881

Website [www.wichita.va.gov](http://www.wichita.va.gov)

**Wichita Child Guidance Center**

**Division of Kansas Children's Service League**

415 North Poplar  
Wichita, KS 67214

**(316) 686-6671**

Website [www.kcsl.org](http://www.kcsl.org)

# Chapter 9

## Housing

For help finding emergency shelter, a residential treatment program, or permanent housing, call your local Mental Health Center. As much as possible, each person should be allowed to choose and control his or her own living environment.

### ***Homeless Shelters***

#### **Families**

**Inter-Faith Inn** (316) 264-8051  
320 East Central  
Wichita, KS 67202  
Website [www.interfaithwichita.org](http://www.interfaithwichita.org)

**St. Anthony Family Shelter of Catholic Charities** (316) 264-7233  
256 North Ohio  
Wichita, KS 67214  
Website [www.catholiccharitieswichita.org](http://www.catholiccharitieswichita.org)

**Salvation Army Emergency Lodge** (316) 263-2196  
350 North Market  
Wichita, KS 67202  
Website [www.centralusa.salvationarmy.org](http://www.centralusa.salvationarmy.org)

#### **Abused Women and their Children Only**

**Harbor House of Catholic Charities** (316) 263-6000  
Or toll free 1-866-899-5522

**YWCA Women's Crisis Center/Safehouse**  
(316) 267-SAFE (7233)

#### **Men Only**

**Union Rescue Mission** (316) 687-4673  
2800 North Hillside  
Wichita, KS 67219



**Men and Women**

**(316) 264-8051**

**Inter-Faith Inn**

320 East Central  
Wichita, KS 67202

Website [www.interfaithwichita.org](http://www.interfaithwichita.org)

**Ti ' Wiconi/Safe Haven**

**(316) 263-0006**

**Inter-Faith Ministries**

(For Homeless with severe and persistent Mental Illness)

841 North Broadway  
Wichita, KS 67214

**Warming Souls Winter Shelter**

**(316) 264-9303**

**Inter-Faith Ministries**

841 North Market  
Wichita, KS 67214      Open 11/1 through 3/31

**Residential Programs**

**Group Homes**

**MHA Residential Care**

**Mental Health Association of South Central Kansas**

**(316) 685-1821**

555 North Woodlawn #3105

Wichita, KS 67208

Website [www.mhasck.org](http://www.mhasck.org)

## **Public Housing**

In order to access city owned and managed public housing units, obtain Section 8 vouchers (financial assistance for rent), and apply for HUD (Housing and Urban Development) Grants, contact:

**Wichita Housing Authority** (316) 462-3700  
332 North Riverview  
Wichita, KS 67203

**Sedgwick County Housing Authority** (316) 660-1990  
For Sedgwick County outside of Wichita and all of Butler  
and Harvey Counties  
2622 West Central #500  
Wichita, KS 67203  
Website [www.sedgwickcounty.org/housing](http://www.sedgwickcounty.org/housing)

Note: There are two ways to get HUD (Housing and Urban Development) Grants.

1. If you qualify to get one for yourself. (PORTABLE Section 8)
2. If you live in HUD subsidized housing. (SITE-BASED Section 8)

Be sure to investigate both of these possibilities

## Chapter 10

### Treatment Facilities and Programs

<b>Local Hospitals and Facilities</b>	Bill Medicare	Bill Medicaid
(Treating people with mental illness concerns)		
<b>COMCARE Crisis Intervention Services</b> 24/7 Mental Health Emergency/Suicide Prevention/Substance Abuse Services Comcare Community Crisis Center 635 North Main 1-800-766-3777 Wichita, KS 67203 <b>(316) 660-7500</b> Website <a href="http://www.sedgwickcounty.org/comcare">www.sedgwickcounty.org/comcare</a>	Yes	Yes
<b>COMCARE Crisis Stabilization Unit</b> 1720 East Morris Wichita, KS 67211 <b>(316)660-7500</b> Website <a href="http://www.sedgwickcounty.org/comcare">www.sedgwickcounty.org/comcare</a>	No	Yes
<b>Prairie View at Newton</b> 1901 East 1st Street Newton, KS 67114 <b>(316) 284-6400 Or 1-800-992-6292</b> Website <a href="http://www.prairieview.org">www.prairieview.org</a>	Yes	Yes
<b>Robert J. Dole VA Medical Center</b> (Veterans only) 5500 East Kellogg Wichita, KS 67218 <b>(316) 685-2221 Or 1-888-878-6881</b> Website <a href="http://www.wichita.va.gov">www.wichita.va.gov</a>	No	No
<b>Via Christi Behavioral Health Center</b> 8901 East Orme Wichita, KS 67207 <b>(316) 858-0333</b>	Yes	Yes
<b>Via Christi Behavioral Health Center Senior Behavioral Services (St. Joseph Campus)</b> 3600 East Harry Wichita, KS 67218 <b>(316) 689-6250</b>		

**Note:** When inquiring about any service, it is important to ask if Medicare and/or Medicaid are accepted. If you are privately insured, be aware that your benefits can easily be used up during one course of treatment.

## ***Outpatient Services***

### **COMCARE Adult Outpatient Services**

Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

#### **For 1<sup>st</sup> Appt. - SAME DAY ASSESSMENT**

**(316) 660-7540**

Walk-Ins Welcome, No Appointments necessary

TTY 1-800-766-3777

Monday – Friday 8 a.m. to 3:30 p.m.

940 North Waco

Wichita, KS 67203

- **Adult Outpatient Services** **(316) 660-7675**  
1919 North Amidon, Suite 130
- **Center City Homeless Program** **(316) 660-7800**  
402 East 2<sup>nd</sup>, Suite B
- **COMCARE Children’s Services** **(316) 660-9605**  
350 South Broadway  
Monday – Friday 8 a.m. to 5 p.m.
- **Community Support Services** **(316) 660-7700**  
1929 West 21<sup>st</sup> Street

#### **Counseling Center at MHA**

**(316) 652-2590**

555 North Woodlawn #102

Wichita, KS 67208

Website

[www.mhasck.org](http://www.mhasck.org)

#### **Counseling Center at MHA-Countryside**

**(316) 652-2590**

9415 East Harry

Wichita, KS

#### **FCS Counseling - A Program of Ember Hope Intake/General Information**

**(316) 264-8317**

Or

1-855-261-2255

4505 East 47th Street South

Wichita, KS 67210

Website

[www.emberhope.org](http://www.emberhope.org)

**Mental Health Association of South Central Kansas** (316) 685-1821

555 North Woodlawn #3105  
Wichita, KS 67208 Website [www.mhasck.org](http://www.mhasck.org)

- Case Management (Adults & Children)
- Psychosocial Program (Adults & Children)

**Prairie View at Legacy Park** (316) 634-4700

9333 East 21<sup>st</sup> Street North Email [info@pvi.org](mailto:info@pvi.org)  
Wichita, KS 67206 Website [www.prairieview.org](http://www.prairieview.org)

**Prairie View at Reflection Ridge** (316) 729-6555

7570 West 21<sup>st</sup> Street, Suite 1026-D Email [info@pvi.org](mailto:info@pvi.org)  
Wichita, KS 67205 Website [www.prairieview.org](http://www.prairieview.org)

**Robert J. Dole VA Medical Center** (316) 685-2221

(Veterans Only) Or (316) 651-3621  
5500 East Kellogg Or 1-888-878-6881  
Wichita, KS 67218 Website [www.wichita.va.gov](http://www.wichita.va.gov)

**University of Kansas School of Medicine** (316) 293-2647

**Department of Psychiatry**  
(New patient press “2” and hold)  
1010 North Kansas  
Wichita, KS 67214 Website [www.wichita.kumc.edu](http://www.wichita.kumc.edu)

**Via Christi Behavioral Health Center Clinic** (316) 858-0218

**Behavioral Health Services**  
8901 East Orme  
Wichita, KS 67207  
Intensive Outpatient Services, Crisis Stabilization  
Services, Partial Day Program, Adolescent Services

**Wichita Child Guidance Center** (316) 686-6671

**Division of Kansas Children’s Service League**  
415 North Poplar  
Wichita, KS 67214 Website [www.kcsl.org](http://www.kcsl.org)

## **Substance Abuse Treatment Programs/Dual Diagnosis**

<b>Addictions Treatment Center at MHA</b> 555 North Woodlawn #102 Wichita, KS 67208	Website	<b>(316) 652-2590</b> <a href="http://www.mhasck.org">www.mhasck.org</a>
<b>COMCARE Adult Addiction Treatment Program</b> <b>For 1<sup>st</sup> Appt. - SAME DAY ASSESSMENT</b> Monday – Friday 8 a.m. to 3:30 p.m. Walk-Ins Welcome, No Appointments Necessary 940 North Waco Wichita, KS 67203	Website	<b>(316) 660-7550</b> <a href="http://www.sedgwickcounty.org/comcare">www.sedgwickcounty.org/comcare</a>
<b>Hunter Health Clinic, Inc.</b> 2318 East Central Wichita, KS 67214		<b>(316) 262-2415</b>
<b>Prairie View at Newton Psychiatric Hospital, Partial Hospital</b> 1901 East 1st Street Newton, KS 67114	Email Website	<b>(316) 284-6400</b> 1-800-992-6292 <a href="mailto:info@pvi.org">info@pvi.org</a> <a href="http://www.prairieview.org">www.prairieview.org</a>
<b>Prairie View at Newton The Addictions Treatment Center at Prairie View</b> 1901 East 1 <sup>st</sup> Street	Email Website	<b>(316) 284-6400</b> 1-800-992-6292 <a href="mailto:info@pvi.org">info@pvi.org</a> <a href="http://www.addictionsatprairieview.org">www.addictionsatprairieview.org</a>
<b>Robert J. Dole VA Medical Center</b> (Veterans Only) 5500 East Kellogg Wichita, KS 67208	Or Website	<b>(316) 685-2221</b> 1-888-878-6881 <a href="http://www.wichita.va.gov">www.wichita.va.gov</a>
<b>SACK (Substance Abuse Center of Kansas)</b> Administrative Offices 731 North Water, Suite 2 Wichita, KS 67203	Website	<b>(316) 267-3825</b> <a href="http://www.saack.org">www.saack.org</a>
<b>Sobering and Detox Services</b> 635 North Main, use Pine Street entrance Wichita, KS 67203		<b>(316) 633-4705</b>
<b>Via Christi Behavioral Health Center</b> 8901 East Orme Wichita, KS 67207		<b>(316) 858-0333</b>

## **Psychosocial Rehabilitation, Partial Hospitals, Day Programs, Adult Day Care Facilities**

**Adult Day Services of Catholic Charities** (316) 942-2008  
5920 West Central  
Wichita, KS 67212

**Breakthrough Club** (316) 269-2534  
1010 North Main Website [www.btcwichita.com](http://www.btcwichita.com)  
Wichita, KS 67203

**COMCARE Adult SAME DAY ASSESSMENT** (316) 660-7540  
Walk-Ins Welcome, No Appointment Necessary  
Monday – Friday 8 a.m. to 3:30 p.m.  
940 North Waco  
Wichita, KS 67203 TTY 1-800-766-3777  
Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**COMCARE Children’s Services** (316) 660-9605  
To Schedule First Appointment  
350 South Broadway  
Monday – Friday 8 a.m. to 5 p.m.  
Wichita, KS 67202  
Website [www.sedgwickcounty.org/comcare](http://www.sedgwickcounty.org/comcare)

**Mental Health Association of South Central Kansas** (316) 685-1821  
555 North Woodlawn #3105  
Wichita, KS 67208  
Website [www.mhasck.org](http://www.mhasck.org)

**Via Christi Behavioral Health Center** (316) 858-0218  
8901 East Orme  
Wichita, KS 67207

Community Support Services and Groups  
**Chapter 11**

**Community Support Services and Groups**

***Support Services***

<b>Breakthrough Club</b> 1010 North Main Wichita, KS 67203	Website	<b>(316) 269-2534</b> <a href="http://www.btcwichita.com">www.btcwichita.com</a>
<b>COMCARE Community Support Services</b> 1929 W. 21 <sup>st</sup> Street Wichita, KS 67203	Website	<b>(316) 660-7700</b> <a href="http://www.sedgwickcounty.org/comcare">www.sedgwickcounty.org/comcare</a>
<b>COMCARE Adult SAME DAY ASSESSMENT</b> Walk-Ins Welcome, No Appointment Necessary Monday – Friday 8 a.m. to 3:30 p.m. 934 North Water Wichita, KS 67203	TTY	<b>(316) 660-7540</b> 1-800-766-3777
	Website	<a href="http://www.sedgwickcounty.org/comcare">www.sedgwickcounty.org/comcare</a>
<b>Compeer of Mental Health Association of South Central Kansas</b> 555 North Woodlawn #3105 Wichita, KS 67208	Email Website	<b>(316) 685-1821</b> <a href="mailto:compeer@mhasck.org">compeer@mhasck.org</a> <a href="http://www.mhasck.org">www.mhasck.org</a>
<b>Parent Advocacy and Support Services Mental Health Association of South Central Kansas</b> 555 North Woodlawn #3105 Wichita, KS 67208	Website	<b>(316) 685-1821</b> <a href="http://www.mhasck.org">www.mhasck.org</a>
<b>Project Independence</b> Peer Support (Open 2:30-8:30 P.M. Tuesday through Friday) P.O. Box 48369 212 S. Hydraulic #200 Wichita, KS 67211		<b>(316) 262-6898</b>
<b>United Methodist Open Door’s Homeless Resource Center</b> (Day Shelter for Homeless) 402 East 2 <sup>nd</sup> Street North Wichita, KS 67201	Website	<b>(316) 265-9371</b> <a href="http://www.umopendoor.org">www.umopendoor.org</a>



## **Consumer Self-Help Groups and Family Support Groups**

### **NAMI Wichita, Kansas**

P.O. Box 2435  
Wichita, KS 67201

(See Page ii for details)

Call NAMI Wichita, Kansas for specific information about groups and for days, times and locations of meetings.

### **NAMI on Campus at WSU**

Email [wsunamioncampus@gmail.com](mailto:wsunamioncampus@gmail.com) for information on locations and schedules

**(316) 686-1373**

Email  
Website

[info@namiwichita.org](mailto:info@namiwichita.org)  
[www.namiwichita.org](http://www.namiwichita.org)

### **NAMI Family Support Group at**

#### **Comcare Community Crisis Center**

635 North Main  
Wichita, KS 67203

Website [www.namiwichita.org](http://www.namiwichita.org)

**(316) 660-7500**

1-800-766-3777

### **Alzheimer Association Central & Western Kansas Office**

1820 East Douglas  
Wichita, KS 67214

**24 Hour Help-Line**

**1-800-272-3900**

**(316) 267-7333**

### **Central Plains Area Agency on Aging**

**(316) 660-5120**  
Or 1-800-367-7298

### **Depressive and Bi-Polar Support Alliance (DBSA)**

#### **Breakthrough Club Administrative Office**

1010 North Main. Meets Mondays 6:30 p.m.  
Wichita, KS 67203

**(316) 269-2534**

### **Federation of Families for Children's Mental Health (FFCMH)**

12320 Parklawn Dr.  
Rockville, MD 20852

Email  
Website

[ffcmh@ffcmh.org](mailto:ffcmh@ffcmh.org)  
[www.ffcmh.org](http://www.ffcmh.org)

**(240) 403-1901**

### **Mental Health Association of South Central Kansas**

555 North Woodlawn #3105  
Wichita, KS 67208

Email  
Website

[info@mhasck.org](mailto:info@mhasck.org)  
[www.mhasck.org](http://www.mhasck.org)

**(316) 685-1821**

Schizophrenics Anonymous

**NAMI Connection Recovery Support Group** (316) 686-1373  
meets on 3<sup>rd</sup> Tuesday of each month at 7 p.m. at  
1<sup>st</sup> Presbyterian Church. (See page ii for details)  
Email: [connection@namiwichita.org](mailto:connection@namiwichita.org)

**NAMI Wichita Family Support Group** (316) 686-1373  
meets on 3<sup>rd</sup> Tuesday of each month at 7 PM at  
1<sup>st</sup> Presbyterian Church. (See page ii for details)

**NAMI Kansas**  
P.O. Box 675 (785) 233-0755  
501 Southwest Jackson Street #400 1-800-539-2660  
Topeka, KS 66603 Website [www.namikansas.org](http://www.namikansas.org)

**NAMI (The Nation's Voice on Mental Illness)** 1-800-950-NAMI (6264)  
3803 North Fairfax Drive, Suite 100)  
Arlington, VA 22203 Website [www.nami.org](http://www.nami.org)

**Prairie View at Legacy Park** (316) 634-4700  
9333 East 21<sup>st</sup> Street North  
Wichita, KS 67206 Email [info@pvi.org](mailto:info@pvi.org)  
Website [www.prairieview.org](http://www.prairieview.org)

- Chemical Dependency Groups
- Care Giving Support Groups

**Prairie View at Newton** (316) 284-6400  
1901 East 1<sup>st</sup> Street 1-800-992-6292  
Newton, KS 67114 Email [info@pvi.org](mailto:info@pvi.org)  
Website [www.prairieview.org](http://www.prairieview.org)

**Project Independence Peer Support** (316) 262-6898  
(Open 2:30-8:30 P.M. Tuesday thru Friday)  
P.O. Box 48369  
212 South Hydraulic, #200  
Wichita, KS 67211

**NAMI Mid Kansas** meets the 3<sup>rd</sup> Thursday  
of the month at 7 P.M. at First Mennonite Church,  
429 East 1<sup>st</sup> Street, Room 224, Newton, KS 67114  
Email: [midkansasnami@gmail.com](mailto:midkansasnami@gmail.com)

**NAMI on Campus at Bethel College**  
Contact NAMI Kansas, [info@namikansas.org](mailto:info@namikansas.org), or  
(785) 233-0755, for current schedule and meeting place

**YWCA Crisis Center/Safehouse**

**(316) 267-SAFE (7233)**

Support for victims of domestic violence  
(including controlling relationships)

***Other Support Groups***

Support groups exist for many special needs and problems. For help in locating support groups not listed here, information about newly formed groups, or to suggest a new group contact:

**Support Group/Resources**

**WSU Community Engagement Institute**

**(316) 978-3843**

1-800-445-0116

Website [www.SupportGroupsInKansas.org](http://www.SupportGroupsInKansas.org)

**United Way 211 of Kansas**

Dial **211**

Website [www.unitedwayplains.org/2-1-1](http://www.unitedwayplains.org/2-1-1)

## Chapter 12

### Social Opportunities and Social Support

Finding social outlets, being around people and making friends is important for people with mental illness just as it is for everyone.

#### **Breakthrough Club**

**(316) 269-2534**

1010 North Main

Wichita, KS 67203

Website

[www.btcwichita.com](http://www.btcwichita.com)

#### **Compeer Program**

**(316) 685-1821**

#### **Mental Health Association of South Central Kansas**

555 North Woodlawn #3105

Wichita, KS 67208

Email

[compeer@mhasck.org](mailto:compeer@mhasck.org)

Website

[www.mhasck.org](http://www.mhasck.org)

#### **Project Independence**

**(316) 262-6898**

(Open 2:30-8:30 P.M. Tuesday thru Friday)

P.O. Box 48369

212 South Hydraulic #200

Wichita, KS 67211

### ***Resource Library***

#### **NAMI Wichita, Kansas**

**(316) 686-1373**

Resource library for members of NAMI

P.O. Box 2435

Wichita, KS 67201

Email

[info@namiwichita.org](mailto:info@namiwichita.org)

Website

[www.namiwichita.org](http://www.namiwichita.org)

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# Membership Form

Interested in Joining NAMI Wichita? Just complete this Membership Form and send it along with your first year's dues to the address shown on the form. No one will be denied membership for their inability to pay the full fee. Minimum payment is \$3.

<b>MEMBERSHIP FORM</b>	
NAME: _____	_____
ADDRESS: _____	_____
CITY: _____	STATE: _____
ZIP CODE: _____	_____
PHONE NUMBER: (____) _____	_____
Email _____	_____
Please indicate if you are a military service member or a veteran. _____	
Please make check payable to NAMI Wichita in the amount of \$35 (also available: Open Door membership - \$3). Starting 7/1/2017 dues will be: Household membership - \$60, Individual membership - \$40, Open Door - \$5.	
<b>Mail to: NAMI Wichita, Kansas P.O. BOX 2435 WICHITA, KS 67201-2435</b>	



