

Class Begins Feb. 11, 2019

**NAMI* FAMILY-TO-FAMILY
EDUCATION PROGRAM**

**FREE for family members, partners and significant others of individuals
living with**

**Bipolar Disorder/Manic Depression
Major Depression
Borderline Personality Disorder
Schizophrenia and Schizoaffective Disorder
Panic Disorder & Obsessive Compulsive Disorder
Co-occurring Brain Disorders & Addictive Disorders
Post Traumatic Stress Disorder - PTSD**

A series of 12 weekly classes structured to help family members/caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders.

There is no cost to participate in the NAMI Family-to-Family Education Program.

Over 300,000 family members in the U.S., Canada, Mexico and Italy have completed this course. We think you will be pleased by how much assistance the program offers.

We invite you to call for more information and to register.

Classes start: Monday, February 11

Class meets for twelve Mondays. Last class: April 29

City Life Church (formerly First Baptist Church),
216 E. 2nd St., (2nd and Broadway Streets) Wichita.
Enter parking lot from Broadway on north side of church.
7:00 – 9:30 p.m.

Co-Teachers: Janet Brumbaugh c. 316-734-2082
Victoria Jackson c. 316-200-5951
And Becky Collins

Registration required.

Classes limited to 20 persons.

This Family-to-Family Education Program is sponsored by NAMI Wichita, NAMI Kansas and the [*National Alliance On Mental Illness \(NAMI\)](#).
www.namiwichita.org